

5th
OaFi
Osteoarthritis
PATIENTS
WORLD CONGRESS

14 - 15 October

Barcelona

AXA Auditorium (L'illa Diagonal)

AGENDA



WE FACE THE PAIN
TOGETHER

Thursday 14 October 2021

CONGRESS DAY 1

09:00h - Welcome and reception

09:30h - Opening session

- Dr Josep Vergés, President & CEO, OAFI Foundation

10:00h - European Medicines Agency (EMA): New recommendations

- Ms Nathalie Bere, Patient Engagement, European Medical Agency (EMA)

10:30h - How do our politicians help osteoarthritis patients?

- Representatives of different political parties

10:50h - New osteoarthritis treatment: chitosan derivative

- Dr Mathias Schifflers, Chief Medical & Compliance Officer, KiOmed Pharma

11:20h - Break and visit of the stands

11:40h - OAFI R&D Projects

- Ms Aina Pascual, Science, Research & Innovation of OAFI Foundation

12:10h - How to ensure long-term high performance while avoiding injuries?

Moderator: Clàudia Huertas, biologist and former top-level athlete

- Dr José María Villalón, Head of medical services, Atlético de Madrid
- Mr Jesús García Bragado, Elite athlete in Race Walking

12:40h - Break and visit of the stands

13:15h - Tai Chi for all ages

- Ms Conxita Hernández, Ms. Montse Serlavós and Mr. Marc Ricart

15:20h - Physical activity, our medicine

- Ms María José Rivas, Physiotherapist, Mad'OR

15:50h - Osteoporosis: importance of adherence to treatment – ODPAR Study Presentation

- Dr Santiago Palacios, Gynecologist, Director of the Palacios Institute, Women's Health and Medicine, President of FHOEMO
- Ms Carmen Sánchez, Spanish Association of Osteoporosis and Osteoarthritis (AECOSAR)

16:20h - How to combat insomnia when you have joint pain?

- Dr Eduard Estivill, Estivill Sleep Clinic
- Ms Antonia Zambrano, patient

17:00h - Osteoarthritis in the ageing society: socio-economic and health impact

- Dr Julio Sánchez Fierro, Lawyer and Doctor in Health Sciences

17:20h - Osteoarthritis and quality of life in Spain: CAVIPA Study

- Dr Manel Santiñá, Past President of the Spanish Society for Quality Care (SECA)

17:50h - Osteoarthritis and comorbidities

- Prof Francisco de Abajo, Professor of Pharmacology, Universidad de Alcalá de Henares

18:10h - Mediterranean diet and cardiovascular protection

Moderator: Jesús Gómez, Community pharmacist, Ex Former President of the SEFAC Foundation

- Dr Laura Isabel Arranz Iglesias, PhD in nutrition, pharmacist and dietician-nutritionist specializing in chronic pain, overweight and food intolerances

18:40h - How to fill yourself with positive energy

- Venerable Thubten Wangchen, Buddhist monk, Founder of the Casa del Tibet in Barcelona

19:00h - End of Day 1

Friday 15 October 2021

CONGRESS DAY 2

09:00h - Welcome and reception

09:30h - The voice of the patient

- Ms María Teresa Vergés, Patient Area Manager, OAFI Foundation
- Mr Jesús Quiñones, Ms. Rosa M^a Ripoll, Ms. Montse Mechó, Ms. M^a Teresa Font, Ms. Silvia Sánchez, Ms. Pilar Gregorio, patients

10:00h - Preventomics: Personalized nutrition

- Mr Josep M. del Bas, Head of Nutrition and Health, EURECAT
- Ms Alba Gómez, Communication and audiovisuals, OAFI Foundation

10:30h - Patient responsibility in the post-covid era

- Prof Santiago Niño Becerra, Professor of Economic Structure, Universitat Ramon Llull

11:15h – Who said we can't dance? Special surprise

- Ms María José Ribas, Physiotherapist, Mad'OR

11:45h - Break and visit of the stands

12:00h - Treatment of breakthrough pain in patients with chronic pain

- Prof Antonio García, President of the Teófilo Hernando Institute

12:30h - Our cells as a medicine

- Dr Sol Ruiz, Head of the Biological Products, Advanced Therapies and Biotechnology Division of the Spanish Agency for Medicine and Health Products (AEMPS)

13:00h - Bio-optimised curcuma, how does it work and why?

- Ms María José Ribas, Physiotherapist, Mad'OR
- Ms. Gemma Serradell, patient

13:30h - Break and visit of the stands

15:05h - What is vitamin D good for?

- Dr Daniel Martínez Laguna, Specialist in family and community medicine, CAP Sant Martí de Provençals
- Ms Carmen Sánchez, patient

15:35h - Joint Challenge 2021. Patient challenges in managing musculoskeletal pain and improving quality of life

- Dr Josep Vergés, President & CEO, OAFI Foundation

16:00h - Housing at our service: Space program

- Prof Queral Garriga

16:20h - The use of Cannabinoids in pain relief

- Prof Carlos Goicoechea, Ph.D in Pharmacology, Universidad Rey Juan Carlos, Madrid

16:35h - Infiltrations and ultrasound scan

- Dr Ingrid Möller, Director of the Poal Institute of Rheumatology
- Ms Marisa Ybarra, patient

16:55h - Break and visit of the stands

17:15h - SPMs in OA: Natural resolution of inflammation

- Mr Gustavo Higuera, Tissue Engineering Doctor and Project Manager in Azur Global Nutrition

17:30h - Pulsed electromagnetic fields for osteoarthritis treatment

- Dr López Capapé, Orthopaedic surgeon and sports traumatologist, CENTRO Clinic, and Medical Director Biclinic Clinic (Madrid)

18:00h - Legal aspects in the elderly

- Mr Alfons Catena, Lawyer and Executive Director at SENIOR IURIS Abogados

18:10h - OAFI Special mentions and closing

- Dr Josep Vergés, President & CEO, OAFI Foundation

18:30h - End of Day 2

Acknowledgements

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