

#OAFICongress23

The pain doesn't stop us

Host

Txe Arana, professional communicator and broadcaster, presenter of OAFI Radio&TV

Scientific direction

Dr. Josep Vergés, President and CEO of OAFI Foundation, President of AECOSAR

Language: Spanish and English (simultaneous translation to both

languages available) Time zone: CET

05	Collaborators
04	Workshops & activities
03	Programme 27.10
02	Programme 26.10
01	Programme 25.10

09:30h Inauguration: Welcome to the #OAFICongress23

Dr. Josep Vergés, President and CEO, OAFI Foundation

10:05h Your cells as a treatment: The new future for osteoarthritis

 Dr. Sol Ruiz, Head of the Division of Biological Products, Advanced Therapies and Biotechnology, AEMPS

10:40h OA Patients Task Force: Our views on pain and function

Moderator: Dr. Josep Vergés, president, OAFI Foundation

- Ms Françoise Alliot Launois, president, Association Française de Lutte Anti Rhumatismale (AFLAR)
- Ms Elsa Frazão Mateus, president, Liga Portuguesa Contra as Doenças Reumáticas (LPCDR)
- Mr Andrea Tomasini, communication expert, Associazione Nazionale Persone con Malattie Reumatologiche e Rare (APMARR)
- Dr. Maritza Quintero, vice president of the Osteoarthritis Group of the Pan-American League of Associations for Rheumatology (PANLAR)
- Ms Barbara Egger-Spiess, Arthrose Forum Austria
- Mr Corné Baatenburg de Jong, president, ReumaNederland
- · Other organizations to be confirmed

11:35h EMA's Patient-Centered Initiatives in the Post-Era of COVID-19 and in Clinical Trials

• Ms Maria Mavris, patient relations, European Medical Agency (EMA)

12:10h Break: visit to the stands

12:35h ARTRO360: A new multidisciplinary management model to improve joint health

- Dr. Jose Luis Baquero, Corporate Social Responsibility OAFI
- Dr. Joima Panisello, specialist in Internal Medicine, CMO of DigimEvo
- Ms. Esther Gil, Strategic Director of Primary and Community Care, Department of Health of Catalonia.

13:10h Chronic disease research in Europe: Are there publicly funded health projects?

 Dr. María José González de Suso. EU4Health.SG International Research Programmes of the Carlos III Institute of Health

13:45h Clinical Unit Specialized in Osteoarthritis and Regenerative Medicine

- Dr. Xavier Tintoré, Head of the Plastic Surgery Department at the Hospital General de Catalunya, Founder of Exolife Clinic.
- Dr. Maritza Quintero, specialist in Rheumatology and Regenerative Medicine, Clínica Exolife

14:20h Lunch break

15:30h Workshop: Tai Chi

· Teacher: Ms. Montse Serlavós

16:05h The Mediterranean diet and its anti-inflammatory power

• Dr. Laura Arranz, PhD in nutrition, pharmacist and dietician-nutritionist specialising in chronic pain, excess weight and food intolerances

16:40h How can artificial intelligence help us in joint health?

• Ms. Marta Manso, BD & Patient Centric Unit, SermesCRO

17:15h OAFI Stories

Moderator: Ms. María Teresa Vergés, Director Patient Area, OAFI Foundation

· Patients testimonials

17:50h End of day 1



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09:30h Triankle Study: Latest advances in the treatment of tendinopathies

- Ms. Nina Martínez. Head of R&D of OAFI Foundation
- · Dr. Gil Rodas, Medical Services FC Barcelona

10:05h Andulation as a non-invasive treatment of osteoarthritis

- · Ms. Alba Ventura, physiotherapist at IXALUD
- Patient testimonial

10:40h Showering at ease again is possible: Showee, the accessible and eco-intelligent shower that adapts to people.

- Mr. Èric Güell, Data Analyst and CEO and Founder of Showee
- Mr. Marc Buxaderas, Actor and stand-up comedian with spastic tetraplegia paralysis

11:15h Tobacco use and evolution in joint pathology

 Dr. Luis Miguel Torres, President of SEMDOR, Pain Unit of Puerta del Mar Hospital

11:50h Break: visit to the stands

12:05h I live in the Mediterranean, can I have a vitamin D deficiency?

To be confirmed

12:40h Spaces adapted to your mobility and usability, OAFI SPACE

- Ms. Queralt Garriga, architect, associate lecturer at ETSAB/UPC
- Asunción Madrigal, Director Almogávares Ballesol Residence Hall
- · Manuel Valderrama, Director of Olivia Hotels

13:15h Active ageing: The role of residential care homes

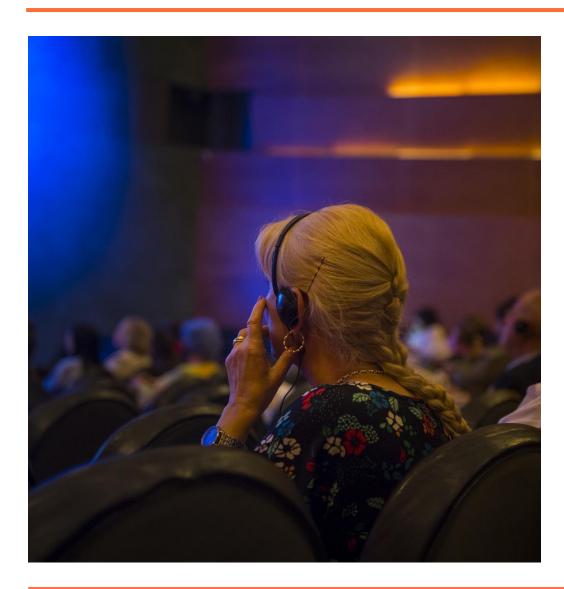
- Dr. Fermín García, specialist in geriatrics, national medical director, Grupo Ballesol
- · Resident's testimony

13:45h Care of renal function in patients with osteoarthritis

- Dr. Javier Sobrino, internist and head of medicine and research at Hospital l'Esperit Sant Antoni Hospital Foundation
- Patient testimonial

14:25h Lunch break

Renal function check-up: nurse specialised in renal function. From 10:00h to 13:30h (**Free attention**)



15:30h What can be done if you suffer from osteoarthritis and vascular pathology?

- Prof. Antonio Coca Payeras, internist, Hospital Clínic Barcelona
- Patient testimonial

16:05h MBST - Therapeutic MRI: Functional Recovery and Pain Reduction

- Dr. Jordi Surós, specialist in sports medicine, Sportcat medical centre
- Patient testimonial

16:40h Osteoarticular prevention starts with the feet

- Dr. Lluis Rueda, biomechanical podiatry, Clinica Privada Martin Rueda and Clínica del Tenis Teknon
- · Patient testimonial

17:15h Workshop: "Improving balance and postural control"

· Ms. María José Rivas, Physiotherapist, Mad'OR

17:50h End of day 2

10:05h TAKE ACTION on a fracture, you might have osteoporosis

- Dr. Cristina Carbonell, family medicine, representative of the Platform for the Prevention of Osteoporotic Fractures
- Ms. Raquel Sánchez, patient
- Ms. Esther Pujagut, patient

10:40h Triple care: obesity, cardiovascular risk and osteoarthritis

 Dr. Ester Marco, Head of the Musculoskeletal and Cardiopulmonary Rehabilitation Unit. Hospital del Mar, Barcelona

11:15h Telemedicine and joint health: Bringing diagnosis closer to the patient

• Mr. Aquilino Antuña, Chief Executive Officer Comitas e-Health

11:50h Break: visit to the stands

Cardiac risk review: Mrs. Mercè Faraudo, nurse specialised in heart failure. From 10:00h to 13:30h (**Free attention**)

12:05h SPMs: an effective alternative for knee osteoarthritis – Gaudí Study

- Dr. Malena Hawkins, PhD in Paediatric Endocrinology, medical director SolutexCorp
- Dr. Ingrid Möller, rheumatologist, director of Poal Institute of Rheumatology
- Dr. Jose María Villalón, Head of Medical Services Atletico de Madrid
- Patient testimonial

12:40h Healthy Longevity: Technology and Professional Care at Home

• Ms. Claudia Gómez Estefan, CEO and Co-founder of Senniors.

13:15h How to manage insomnia if you suffer from osteoarthritis

- · Dr. Eduard Estivill, specialist and international pioneer in sleep medicine
- Dr. Daniela Giardino, medical director, Estivill Sleep Clinic

14:05h Lunch Break

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15:05h Health economics, what role does the patient play in self-care?

 Prof. Santiago Niño Becerra, Professor of Economic Structure, IQS School of Management, University Ramón Llull

16:00h Presentation of OAFI With You

- Dr. Josep Vergés, President & CEO, OAFI Foundation
- Dr. Carmen Benito, Director of the Diocesan Secretariat for Pastoral Health Care
- Dr. Rafael Micó, Vicepresident of SEMERGEN

16:35h Origin and treatment of osteoarthritis: differences between Tibetan and Western medicine

- Venerable Thubten Wangchen, Buddhist monk, founder of the Tibet House of Barcelona
- Dr. Tsewang Tamdin, Dalai Lama personal physician
- Dr. Josep Vergés, president and CEO, OAFI Foundation

17:30h Closing

• Dr. Josep Vergés, president and CEO, OAFI Foundation

17:40h End of #OAFICongress23



Workshops & activities

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- Workshop: Tai Chí
 Wednesday 25 October, 15.30h. Teacher: Ms. Montse Serlavós
- Renal function check: Free of charge
 Wednesday 25 October, from 10 a.m. to 1.30 p.m. Nurse specialised in renal function
- Workshop: Improving balance and postural control
 Thursday 26 October, 15.30h. Ms. María José Rivas, Physiotherapist, Mad'OR
- Cardiac risk assessment: Free of charge
 Thursday 26 October, from 10 am to 1.30 pm. Mrs. Mercè Faraudo, nurse specialised in heart failure.
- Joint Health Care with ultrasound

 Free ultrasound scans with Comitas mobile units 25, 26 and 27 October outside the AXA Auditorium
- O6 Showers adapted to Joint Health
 Try Showee's smart showers (with drying included) 25, 26 and 27 October outside the AXA Auditorium

Collaborators

Thank you for making it possible

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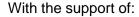




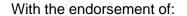




















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