

22nd and 23rd of October
Auditorio MGS
Barcelona



Stronger than the *pain*

#TakeCareOfYourJoints



9th
OaFi
PATIENTS
WORLD CONGRESS

With the scientific endorsement of:



Solidarity Congress
Free register

with the QR code or in oaffoundation.com



#OAFICONGRESS25

Validated by
Ethical MedTech
Europe



Scientific Coordination

Josep Vergés, President & CEO of OAFI Foundation

Location

MGS Auditorium, C. Entença, 335
08029 Barcelona (Spain)

Language

Spanish

Schedule

CET

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01

Program 22.10

02

Program 23.10

03

Workshops and Activities

Wednesday, October 22

09:00h

Introduction: Welcome to #OAFICongress25!

- Gloria Gálvez, Secretary of Health Care and Participation, Department of Health, Generalitat de Catalunya
- Josep Vergés, President & CEO, OAFI Foundation

09:35h

The strength of patients with osteoarticular problems

- María Teresa Vergés, Director of the Patient and Volunteer Area, OAFI Foundation
- Patient Testimonials

10:10h

The role of patients in the European Medicines Agency

Juan García Burgos, Head of Public and Stakeholder Engagement, European Medicines Agency (EMA)

10:45h

SPMs, natural allies in chronic inflammation

Daniel Romero, Medical Director, Solutex



#OAFICongress25

Wednesday, October 22



11:20h

Coffee Break in the Stands Area

11:50h

Therapeutic innovation under the microscope: Regulation in regenerative therapies

Sol Ruiz, Head of the Division of Biological Products, Advanced Therapies and Biotechnology, Spanish Agency for Medicines and Health Products (AEMPS)

12:25h

Artificial intelligence and health: When data and algorithms also heal

Marta Manso, Business Development, SermesCRO

13:00h

Workshop – Flow, breathe, improve: Tai Chi for your joint health

Montse Serlavós, Tai Chi Instructor



#OAFICongress25

Wednesday, October 22

13:35h

Break & Stands Area

15:00h

Beyond pain: Legal and labor support to protect your well-being

- Izaskun Aldabe Muro, Lawyer, Toro Abogados
- Ferran Medina Chamarro, Lawyer, Toro Abogados

15:35h

Oral health and its relation to osteoarticular health

- Ingrid Möller, MD, Rheumatology Specialist, Director, Poal Institute of Rheumatology
- Clara Esteban Escobar, MD, Preventive Medicine Specialist, Medical Director, DONTE GROUP
- Montse Sanz, Osteoporosis Patient & OAFI Volunteer

16:10h

Invisible changes: The impact of menopause

Expert speaker pending confirmation

16:45h

Coffee Break in the Stands Area



Wednesday, October 22



17:05h

Video Screening – Scientifically demonstrated quality and efficacy 100% natural

Per Björk, Executive Director, 100% natural

17:10h

Smoking management to protect your bones and joints

- Jose Luis Baquero, Coordinator of CSR, IR, and Access, OAFI Foundation
- Patient Testimony

17:45h

Nutrition, supplements, and strength: A path to well-being

Expert speaker pending confirmation

18:15h

Joint hypermobility: A new bridge between mental health and pain

Antonio Bulbena, Professor of Psychiatry, Autonomous University of Barcelona

18:50h

Gospel Concert and Closing



Thursday, October 23

09:00h

Fibromyalgia and Women: Overcoming Barriers Together

Expert speaker pending confirmation

09:35h

Strength and muscles: from learning to action

María José Rivas, Physiotherapist, Mad'or

10:10h

Extra load, extra damage: the impact of overweight on joint health

Marta Tejero Sanchez, MD, Head of Musculoskeletal Rehabilitation, Hospital del Mar, Barcelona

10:45h

Health, economy, and patient responsibility

Santiago Niño Becerra, economist, professor, Ramon Llull University

11:40h

Coffee Break in the Stands Area



Thursday, October 23



11:55h

Benefits of SYSADOAs in Osteoarthritis: Natural allies for joint health and our wallets

- Carlos Rubio Terrés, expert in pharmacology and pharmacoeconomics, Director of Health Value
- Josep Vergés, MD, specialist in clinical pharmacology, President & CEO, OAFI Foundation

12:30h

OAFI Space: Designing environments that care for people

Andrés Palazón, MD, expert in healthcare architecture, consultant at Arnaiz, and collaborator of OAFI Space

12:45h

Bone fragility in nursing homes: Strategies to prevent fractures and falls

- Fermín García, MD, specialist in geriatrics, National Medical Director, Ballesol Group
- Albert Fernández, physiotherapist, Ballesol Group Badalona

13:20h

Transform your bathroom: protect your well-being by preventing falls and accidents

- Nina Martínez, R&D Coordinator, OAFI Foundation
- Daniel Morata, General Director, RenoveDuch
- Maite Lázaro, patient and OAFI volunteer



Thursday, October 23

13:55h

Break & Stands Area

15:00h

The weather that hurts: When the sky influences our body

Tomàs Molina, meteorologist and physicist

15:35h

Report from the Chronic Pain Barometer associated with Osteoarthritis

- Dolores Navarro, Board Member of the Grünenthal Foundation, Director of Patient Participation and Empowerment, Sant Joan de Déu Hospital
- Jose Luis Baquero, Coordinator of CSR, IR, and Access, OAFI Foundation

16:10h

Taking control of your bones: Osteoporosis management and prevention of secondary fractures

Maria Dolores Grados Canovas, MD, specialist in rheumatology, Igualada University Hospital

16:45h

Coffee Break in the Stands Area



Thursday, October 23



17:05h

Supplements and nutrition: Allies for strong, inflammation-free joints

Laura Isabel Arranz, PhD in Nutrition, Pharmacist and Dietitian-Nutritionist

17:40h

Exploring the world of intra-articular therapies

Jose María Villalón, Head of Medical Services, Atlético de Madrid

18:15h

Inner Strength: How to Find Serenity Amidst Pain

Venerable Thubten Wangchen, Buddhist monk, founder of the Tibet House of Barcelona

18:45h

Closing Ceremony of #OAFICongress25

- Josep Vergés, President & CEO, OAFI Foundation
- Marina Geli Fàbrega, General Director of the Faculty of Medicine and Coordinator of the Center for Health and Social Studies (CESS), UVic-UCC

19:00h

Closing, Charity Raffle, and Final Photo #OAFICongress25



Workshops and Activities

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- | | | |
|-----------|--|---|
| 01 | Workshop – Flow, breathe, improve: Tai Chi for your joint health
Tai Chi Workshop led by Montse Serlavós, Tai Chi Instructor | Wednesday, October 22
13.00h |
| 02 | Gospel Concert
Performed by Cor Góspel Clot | Wednesday, October 22
18.15h |
| 03 | Strength and muscles: from learning to action
Physical Activity Workshop led by María José Rivas, Physiotherapist, Mad'or | Thursday, October 23
09.35h |
| 04 | Campaña de Prevención de la Artrosis y la Osteoporosis
Check your bone and joint health for free | Wednesday, October 22
Thursday, October 23
10h-14h |
-



Thank you for making it possible

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